

KEY CONTACTS



Derby Social Care
01332 641 172
 (Out of hours 01332 786 968)









BME FAMILIES AND NEW COMMUNITIES

<p>Derby Bosnia-Herzegovina Community Association and Derby Refugee Forum</p> 	<p>Services to former Yugoslavia. Advice & information to Bosnian/ Serb/ Croat language. Food parcels, clothing, help to small new community ethnic groups.</p>	<p>www.bihcommunityderby.co.uk/ bihcommderby@hotmail.com 01332 347497 99 Curzon St, Derby DE1 1LN</p>
<p>British Red Cross</p> 	<p>Supports refugees and asylum seekers to access services to adapt to new country.</p>	<p>www.redcross.org.uk 01332 525423</p>
<p>Roma Community Care</p> 	<p>Grassroots community organisation for Eastern and Central European Roma people living in Derby.</p>	<p>www.multifaithcentre.org/projects/roma-community-care/ 01332 289818</p>
<p>Hamaari</p> 	<p>Support and advice for disadvantaged and socially isolated people from East Africa in Derby.</p>	<p>www.hamaari.org.uk/ 01332 342564 info@hamaari.org.uk 284 Normanton Rd, Derby DE23 6WD</p>
<p>Upbeat Communities</p> 	<p>A Christian charity that welcomes refugees and gives support.</p>	<p>www.upbeatcommunities.org 01332 360737 96 Whitaker Rd, Derby DE23 6AP</p>
<p>New Arrivals Team</p>	<p>Families and children who have lived in Derby for less than 12 months and need some support.</p>	<p>01332 640733 or 07812300516 newarrivalsteam@derby.gov.uk</p>
<p>Eastern European Network (EEN) Centre</p>	<p>Supports Eastern European's about crime.</p>	<p>01332 408228 Center.een@gmail.com</p>

DEAF AND DISABLED CHILDREN

<p>Umbrella</p> 	<p>Supports young people 5-30 years and families with disabilities.</p>	<p>www.umbrella.uk.net 01332 785658 admin@umbrella.uk.net</p>
<p>Funability</p> 	<p>Clubs, activities and trips for disabled children and young people aged 3-18 years.</p>	<p>www.stjamescentrederby.co.uk/fun-ability 01332 604080, Malcolm St, Derby DE23 8LU reception@saintjamescentre.org</p>
<p>Q-Club</p>	<p>Afterschool club for children with Autism, or additional needs, socially excluded, have disabilities or are young carers or bereaving.</p>	<p>www.derbyquad.co.uk 01332 285427 abbiec@derbyquad.co.uk</p>

COUNSELLING SERVICES, INCLUDING BEREAVEMENT

	Free, safe and anonymous online support for young people.	Kooth.com
Breakout	Provide care, planned treatment and advice to people under age of 19 on any aspect of drugs or alcohol misuse.	The space @ Connexions Curzon House 8 Curzon street Derby DE1 1LL 01332 623700 www.derbyshirehealthcare.nhs.uk/breakout/what-we-offer/
	Supporting young people affected by alcohol, drugs and gambling.	www.derbysubstanceuseservices.org.uk 0300 790 0265 derby@aquarius.org.uk
 Welcome to Cruse Bereavement Care <i>Somewhere to turn when someone dies</i>	Support for children and adults after the death of someone close.	www.cruse.org.uk 01332 332098 Helpline 0808 808 1677 derbyshire@cruse.org.uk
	A free, confidential counselling service, which focuses on unplanned pregnancy, miscarriage or termination.	www.talkitoverderby.com 0786 7470588 18 Curzon St, Derby DE1 1LL talkitover@hotmail.co.uk
	Counselling to 5 – 18 year olds to support to make sense of what is happening in their lives. (RELATE)	www.safespeak.org.uk 0800 093 5264 or 01332 349301 info@safespeak.org.uk
	Offer support to anyone who is Lesbian, Gay, Bisexual & Transgender or issues with identity.	www.derbyshirelgbt.org.uk 01332 207704 INFO@DERBYSHIRELGBT.ORG.UK

ADDITIONAL SUPPORT

School nurse	Advice around sexual health, healthy eating, self-harm, emotional health, drugs alcohol and smoking.	TEXT 07507 327104
Camhs Rise	Self-harm	0300 123 3124

Make sure that your children are safe when working on line

<https://youtu.be/BhLWwQ4Ay5s>

Childlines new coronavirus webpage

<https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/>

The association for Child Mental Health podcast for parents to be aware of their child's mental health

<https://www.acamh.org/podcasts/dr-jon-goldin-on-the-coronavirus-and-child-mental-health/>