

Staff have access to ongoing and annual training related to the approach and have access to termly reflective practice to support the working approach.

Important aspects of our immediate response to young people include

### **Dan Siegel's the 4 S approach**

**Seen** – Students are recognised for their uniqueness on arrival, bounded time with a trusted adult is given to the young people to help meet their needs.

**Safe** – Students are continually given opportunity to explore how to be and feel safe. Connect operates a no restraint policy except to prevent death or serious injury. Safeguarding and safety are openly discussed and a culture of transparency is adopted. Students regularly have lessons and specific sessions in relation and response to safeguarding or safety issues raised in centre, including sourcing external speakers where appropriate (and Covid permitting).

**Sooth** - Students are encouraged to develop a toolkit of strategies to deal with challenges and staff offer strategies and support to help them feel. Students can have access to a range of sensory aids and where required have individualised agreed safe spaces or strategies for soothing. Staff believe in Co-regulation to help develop positive emotional regulation and overcome challenges

**Secure** – Students are recognised for their strengths and progress and there is a future focus to ensure that students can secure their achievements, hopes and aspirations. Young people are given bespoke support with careers and post sixteen which is responsive to the needs of the young people. Students are also given specific lessons to finish work and experience success.

