



# Dan Hughes – P.L.A.C.E

## **Playfulness**



Young people sometime grow up too fast and miss important aspects of development including the importance of explorative age-appropriate play and fun. Connect uses play, humour and games to help support young people to enjoy learning and exploring appropriate ways to have fun

#### Loved/Liked



Young people need to feel loved (In a boundaried, appropriate way) or liked and that there are loveable things about them to help them to feel a sense of belonging and significance. Everyone at Connect is encouraged to be kind and caring to each other and celebrate the likable or loveable aspects of everyone there. Connect has a community feel and everyone is loved and cared for as part of that community

### **Acceptance**



Young people are accepted for who they are and where they are emotionally or developmentally. Staff will co-regulate until different forms of communication can take place to explore challenging thoughts, emotions, actions or patterns of behaviour that have a negative impact. Staff accept and listen to the voice of the child and support the young person to feel heard. Staff see the young person beyond the behaviour

#### **Curiosity**



Staff are curious about everyone's thoughts, feelings, wishes and intentions. Staff value perspective taking and exploring events and considering the reasons why things take place. Staff use Emotion Coaching techniques to explore challenges and ask questions to explore things rather than going straight to outcomes. Staff may use restorative conversations or non-violence communication techniques to explore events. With negative behaviour events emphasis is on what went wrong rather than who was wrong. Students are encouraged to be curious about any and all aspects of learning and are given curriculum time to develop independent/explorative experiential learning.

#### **Empathy**



Staff at Connect seek to connect with how young people feel about their lives and education. This included when young people may display their need for compassion in the most challenging ways. Empathy is encouraged on all levels and the development of the skill is modelled to the young people and they are in turn encouraged to develop their own skills in empathy and compassion towards others. Empathy is central to co-regulation and emotion coaching and understanding the reasons for challenging thoughts, emotions, actions or behaviours.



