Year 10 B2 Human Organ Systems Fact sheet	
Tissues, organs and organ systems	
1. What do we call a group of similar cells which do the same function?	Tissue
2. What do we call a group of tissues working together?	Organ
3. Define organ system	A group of organs which work together
4. Put these into size order, starting with the smallest: organism, cell, tissue, organ system, organ	Cell, tissue, organ, organ system, organism
Food tests	
5. How do you test for starch?	Add iodine solutionBlack shows starch
6. How do you test for protein?	Add biuret solutionPurple shows protein
7. How do you test for sugar?	 Add Benedict's solution Heat it (80°C for 5 min) Orange shows sugar
8. How do you test for fat?	 Add ethanol and shake Mix with water Cloudy emulsion shows fat
Digestive system	
9. Label the digestive system (10)	 A. Mouth B. Salivary gland C. Oesophagus D. Stomach E. Small intestine F. Large intestine G. Rectum H. Liver I. Gall bladder J. Pancreas
10.Describe the function of the salivary glands	Produces amylase and releases saliva

11.Describe the functions of the stomach	 Churns food Produces acid & protease Digests protein
12.Describe the function of the small intestine	 Produces enzymes (protease, lipase & amylase) Digests food Absorbs the soluble food into the bloodstream
13.State the function of the liver	Makes bile
14.State the function of the gall bladder	Stores bile
15.Describe the function of the pancreas	Makes enzymes Protease, lipase & amylase
Enzymes	
16.What are enzymes?	Biological catalysts (speed up reactions without being used up)
17.What are enzymes made of?	Protein
18.Name the place on an enzyme where a substrate molecule can bind	Active site
19. Explain why 1 enzyme will only speed up 1 reaction	The active site is a specific shapeOnly 1 molecule will fit into the active site
20. Explain how enzymes work according to the lock and key hypothesis	 Substrate is the key and enzyme's active site is the lock Substrate fits into the active site Because it is a complementary shape (perfect fit) Only 1 substrate can fit into the active site
21.Why are enzymes needed in digestion?	 To break food down Into soluble molecules So it can be absorbed into the blood
22.Name the enzyme that digests carbohydrates/ starch	Carbohydrase/ amylase
23.Name the enzyme that digests protein	Protease
24.Name the enzyme that digests fat/ lipid	Lipase
25.What are carbohydrates digested into?	Sugar/ glucose
26.What are proteins digested into?	Amino acids
27.What are fats digested into	Fatty acids AND glycerol
28.What is it called when an enzyme changes shape so it doesn't work?	Denatured

29.List 3 conditions which denature most enzymes	 Too hot (too cold does NOT denature them, just slows them down) Acid Alkali
30.What is unusual about the protease in the stomach?	It works in acid conditions
31.Where does bile go into?	Small intestine
32.Is bile acidic, alkali or neutral?	Alkali
33. Describe and explain 2 uses of bile	 Neutralise acid from stomach So enzymes can work Emulsifies fat into small droplets Which increases the surface area of the fat Which increases rate of fat digestion by lipase
Breathing system	
34.State 2 reasons why we breathe	Get oxygenRemove carbon dioxide
35.Label a diagram of the breathing system	
	A: trachea B: bronchus
A C D E F	C: alveoli
	D: intercostal muscle
	E: rib
	F: diaphragm
36.State the function of the trachea	Take air into and out of lungs
37.State the function of the bronchi	Take air into and out of bronchioles
38.Describe the function of the alveoli	 Where gas exchange takes place Oxygen goes into the blood and carbon dioxide comes out of the blood

39. Explain how the lungs are adapted for efficient gas exchange (4)	 Lots of alveoli give a large surface area Blood is close to alveoli walls for a short diffusion distance Breathing keeps a large difference in concentration Moist
Heart structure	
40.What makes up the circulatory system? (3)	HeartBlood vesselsBlood
41.What does the circulatory system do?	Transport molecules/ ions around body Defend against bacteria/ viruses
42.What does the heart do?	Pump blood
43.What is the heart wall mostly made of up?	Muscle tissue
44. Label the heart	1: right atrium
6 7 8	2: right ventricle
	4: left atrium
2	5: vena cava 6: pulmonary artery 7: aorta
	8: pulmonary vein
45.Which chamber pumps deoxygenated blood to the lungs?	The right ventricle
46.Which chamber pumps oxygenated blood to the rest of the body?	The left ventricle
47. Which blood vessel takes blood to the lungs?	Pulmonary artery
48.Which blood vessel takes blood to the rest of the body?	Aorta
49.Which blood vessel brings blood from the lungs to the heart?	Pulmonary vein
50.Which blood vessel brings blood from the rest of the body to the heart?	Vena cava
51.Which blood vessel supplies blood to the heart muscle?	Coronary artery
52.What do the pacemaker cells in the heart do?	Control the natural resting heart rate

53.Where are the heart's pacemaker cells located?	Wall of the right atrium
54.What does an artificial pacemaker do?	Corrects irregularities in heart rate
Blood vessels	
55.Name this blood vessel	Artery
56.Name this blood vessel	
large Jumen elastic fibres and emoch muscle	Vein
57.Name this blood vessel	
thin wall – only one cell thick nucleus of cell very small lumen	Capillary
58.What do arteries do?	Carry blood away from the heart
59. How are arteries adapted to carry blood under high pressure? (3)	 Thick walls containing muscle and elastic fibres
60.What do veins do?	Carry blood back to the heart
61. How are veins adapted to carry blood under low pressure? (2)	Thin wallsWide lumenvalves
62.What do capillaries do?	Allow exchange of substances between the blood and cells.
63. How are capillaries adapted to allow exchange of substances?	 Narrow <u>Very</u> thin walls Permeable walls (very small holes in the walls)
Blood	
64.Label the diagram	
A C B D	A. PlateletB. White blood cellC. Red blood cellD. Plasma

65.Name the liquid part of blood	Plasma
66.What do red blood cells do?	Transport oxygen
67. How are red blood cells adapted to their function?	No nucleusPacked with haemoglobin
68.What do white blood cells do?	Help to defend the body against pathogens (see topic B3 for more detail)
69.What do platelets do?	Clot blood/ make scabs
70.What does the plasma do? (2)	 Transports substances e.g. carbon dioxide/ soluble food
71.What are platelets?	Fragments/ bits of cells
72.Name two risks of using blood products to treat patients	Possibility of infectionPossibility of rejection
Heart disease	
73.Where does fatty material build up?	Inside walls of coronary arteries
74.What does the fatty material do to the coronary arteries?	Narrows the lumen
75.Explain why fatty material in the coronary arteries can cause a heart attack (2)	 Reduced blood flow through the capillaries So less oxygen gets to the heart muscle
76.What can be used to keep the coronary arteries open?	Stents
77.Name a drug which is used to reduce blood cholesterol levels	Statins
78. How does a reduction in cholesterol levels reduce the risk of a heart attack?	Slows down the rate of fatter material deposit
79.When might a heart transplant be done?	If the heart fails
80.When might an artificial heart be used? (2)	 Keep a person alive while they wait for a heart transplant To let the heart rest to help it recover
81.Describe 2 problems that can occur if a heart valve becomes faulty	Valve doesn't open properlyBlood leaks through the valve
82.Name 2 types of replacement heart valve	BiologicalMechanical
Respiration	
83.Why is respiration important?	Releases energy
84.Write the word equation for aerobic respiration.	Glucose + Oxygen → Carbon dioxide + Water

85.Why is respiration an exothermic reaction?	Releases heat
86.List 3 reasons organisms need energy (3)	 Make larger molecules Animals - Muscle contractions Birds and mammals – keep warm
87.Write the word equation for anaerobic respiration in animals (2)	Glucose → Lactic acid
88.When does anaerobic respiration happen?	When not enough oxygen
89. List 3 ways anaerobic respiration in animals is different to aerobic respiration	 Anaerobic doesn't use oxygen Anaerobic makes lactic acid and aerobic makes carbon dioxide and water Anaerobic releases less energy
90.Why does anaerobic respiration release less energy?	Glucose isn't completely broken down in anaerobic respiration
91.Write the word equation for anaerobic respiration in plants and yeast (3)	Glucose \rightarrow ethanol + carbon dioxide
92.What is another name for anaerobic respiration in yeast??	Fermentation
93.State a commercial use of fermentation	Making alcoholic drinks
Exercise	
94. What happens to heart rate when you exercise? Why?	 Increases Blood flows faster Oxygen and glucose to muscles faster Faster aerobic respiration in muscles
95.What happens to breathing rate when you exercise? Why?	 Increases More oxygen into body and to muscles Faster aerobic respiration in muscles
96.What happens to breathing depth when you exercise? Why?	 Increases More oxygen into body and to muscles Faster aerobic respiration in muscles
97.What is the problem with lactic acid	Mild poison, causes fatigue
98. When is an oxygen debt created?	When lactic acid is produced

Metabolism	
99.Define metabolism	All the reactions that happen in a cell/ body
100. List 6 examples of metabolic reactions	 Respiration Making proteins from amino acids breaking down protein to make urea Making starch, glycogen and cellulose from glucose the use of glucose and nitrate ions to form amino acids Making lipid molecules from 1 glycerol molecule and three fatty acid molecules
101. HT: What happens to the lactic acid from anaerobic respiration? (3)	 Removed from the muscles by the blood It is broken down by the liver with oxygen (oxidised) Into carbon dioxide and water
102. HT: Define oxygen debt	The amount of oxygen the liver needs in order to break down the lactic acid after exercise.