

# CoDA Curriculum

## Relationships & Sex Education (RSE)

### Personal, Social & Health Education (PSHE)



*Improving the life chances of all students*

	Autumn		Spring		Summer	
<b>Y7</b>	<b>Living in the Wider World 1</b> – Identity, aspirations, wants and needs, self-esteem, racism and stereotypes	<b>Careers and Finance</b> - Money, budgeting, savings and finance	<b>Relationships and Safety</b> – friendship, family, romance	<b>Relationships and Safety</b> – bullying, online bullying, safe relationships, radicalisation	<b>Health and Wellbeing 1</b> – Healthy living, diet and exercise, energy drinks, smoking and drugs	<b>Health and Wellbeing 2</b> – Puberty and Emotional Health, anger, FGM
<b>Y8</b>	<b>Living in the Wider World 1</b> - Prejudice, British Values, extremism – leaders and converts	<b>Careers and Finance</b> – tax and careers skills (communication)	<b>Relationships and Safety</b> – consent, contraception, realistic relationships, image sharing, domestic conflict	<b>Health and Wellbeing 1</b> – self-confidence, managing behaviour, target setting, self-awareness, mindfulness	<b>Health and Wellbeing 2</b> – Vaping, cancer, first aid, teenage pregnancy	<b>Living in the Wider World 2</b> – Discrimination and prejudice, homophobia, grooming, the environment
<b>Y9</b>	<b>Relationships and Safety</b> – eating disorders, body image, CSE, abusive relationships, peer pressure, the community	<b>Health and Wellbeing 1</b> – alcohol, drugs, acid attacks, self-harm	<b>Health and Wellbeing 2</b> – interpersonal skills, rules/rights, stress and anxiety	<b>Living in the Wider World 1</b> – Careers and enterprise, work skills, enterprise skills	<b>Careers and Finance</b> – Finance and Careers, debt, savings, loans	<b>Living in the Wider World 2</b> – people trafficking, sustainability, young offenders, knife crime
<b>Y10</b>	<b>Health and Wellbeing</b> – grief, suicide, social anxiety, self-esteem, social media and screen time	<b>Living in the Wider World 1</b> – sustainability, homelessness, hate crime, tattoos and piercings	<b>Careers and Finance</b> – careers, employability, work experience	<b>Living in the Wider World 2</b> – criminal justice system, county lines, terrorism, fake news	<b>Relationships and Safety</b> – conflict, harassment, forced marriage, revenge porn	<b>Relationships and Safety</b> – LGBTQI+, community cohesion, sexism, parenting
<b>Y11</b>	<b>Health and Wellbeing 1</b> – diversity, privilege, body positivity, identity, reproductive health	<b>Health and Wellbeing 2</b> – sleep, risk taking, gambling, digital footprint, personal safety	<b>Careers and Finance</b> – study skills, applying for colleges/sixth form/apprenticeships, health and safety at work	<b>Relationships and Safety</b> – diversity & non-traditional relationships, body shaming, consent and break-ups	<b>Living in the Wider World 1</b> – sustainability, the environment, multiculturalism, internet safety and fraud	Examinations