

CoDA Curriculum
HEALTH & SOCIAL CARE Year 10-11
(OCR NATIONAL CERTIFICATE)



Improving the life chances of all students

Why study Health and Social Care?

About 3 million people work in health and social care. Health care roles include doctors, pharmacists, nurses, midwives and healthcare assistants, while social care roles include care assistants, occupational therapists, counsellors and administrators. Together, they account for nearly one in ten of all paid jobs in the UK. Demand for both health and social care is likely to rise, so they will continue to play a key role in UK society and the demand for people to carry out these vital roles will increase. The BTEC Tech Award in Health and Social Care provides learners the opportunity to develop sector-specific knowledge and skills in a practical manner through exploring attitudes in the sector such as human growth and development, health and social care services, and factors affecting people's health and wellbeing.

The curriculum will include:						
A study of the different life stages from birth to death	Factors that can affect growth and development	Health and Social care services and the importance of the different roles in supporting people's health and wellbeing across the UK	Practical demonstrations of how Care Values can be implemented in practice	A study of the Health and Social Care Values and how the values underpin all care delivery within the sector	How we monitor health and wellbeing across the life stages	Practical skills to enable students to make realistic recommendations to improve a person's health through interpreting health data and completing health improvement plans.

Health and Social Care Curriculum INTENT Y10-11 (OCR National Certificate)

Students will be taught and assessed on their ability to...	
Component 1	<ul style="list-style-type: none">Describe human growth and development across life stages and the factors that affect itInvestigate and assess how individuals deal with life events
Component 2	<ul style="list-style-type: none">Explain, analyse and assess the suitability of the different types of health and social care services in meeting individuals needs and barriers people may experience to accessing themDemonstrate care values and review own practice.
Component 3	<ul style="list-style-type: none">AO1 Demonstrate knowledge and understanding of factors that affect health and wellbeingAO2 Interpret health indicatorsAO3 Design a person-centred health and wellbeing improvement planAO4 Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans

Curriculum sequence overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y11	<p>Health and Social care – Component 2 Health and Social Care Services and Values</p> <p>CS: Coursework assessed task: Role Play Scenario</p>	<p>Health and Social care – Component 3 Health and Wellbeing</p> <p>Introduction to unit: Health and Wellbeing</p> <p>Demonstrate knowledge and understanding of factors that affect health and wellbeing</p> <p>Physical and lifestyle factors Social, emotional and cultural factors that can have positive or negative effects on health and wellbeing Economic factors that can have positive or negative effects on health and wellbeing Environmental factors that can have positive or negative effects on health and wellbeing The impact of life events relating to relationship changes and changes in life circumstances.</p>	<p>Health and Social care – Component 3 Health and Wellbeing</p> <p>Interpret health indicators</p> <p>pulse (resting and recovery rate after exercise) blood pressure peak flow body mass index (BMI).</p>	<p>Health and Social care – Component 3 Health and Wellbeing</p> <p>Design a person-centred health and wellbeing improvement plan</p> <p>Recommended actions to improve health and wellbeing Short-term (less than six months) and long-term targets Appropriate sources of support (formal and/or informal).</p>	<p>Health and Social care – Component 3 Health and Wellbeing</p> <p>Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans Health and Wellbeing:</p> <p>Potential obstacles:</p>	<p>Component 3 External Exam: June 2021</p>
Y10	<p>Health and Social care – Human Lifespan Development</p> <p>Introduction to the course. Introduction to PIES Introduction to the Life stages Infancy – PIES Early Childhood – PIES Adolescence – PIES Early Adulthood – PIES Middle Adulthood – PIES Later Adulthood – PIES</p> <p>CS: Assessment – Eddie Fix it Time</p>	<p>Health and Social care – Component 1 Human Lifespan Development</p> <p>Coursework Task Set Coursework Learning Aim A</p> <p>Selection of a suitable individual (DME) Research of selected individual Questionnaire</p> <p>How has my celebrity developed – PIES 3 life stages.</p> <p>Factors affecting development Environmental factors Cultural factors Physical Factors</p> <p>Field trip: Local Care Home – Christmas Visit – Mince Pies – Links to life stages and life events – students to actively converse with residents within a health and social care context.</p> <p>CS: Assessment Task Fix it Time.</p> <p>SF: Command verbs – Identify and Explain – Fix it Task to be referred back to.</p>	<p>Health and Social care – Component 1 Human Lifespan Development</p> <p>Coursework Task Students to complete coursework task Coursework Learning Aim A</p> <p>Life Events Expected Life Events Unexpected Life Events How support can help people adapt to life after a life event</p> <p>CS: Assessment Task Multiple choice. Fix it Time.</p> <p>Coursework Learning Aim B</p> <p>CS: Coursework task students must compare two individuals</p>	<p>Health and Social care – Component 1 Human Lifespan Development</p> <p>How support can help people adapt to life after a life event</p> <p>Coursework Learning Aim B</p> <p>SF: Command verbs – Describe, Explain and Compare CS: Coursework task students must compare two individuals</p>	<p>Health and Social care – Component 2 Health and Social Care Services and Values</p> <p>Understanding the different types of health and social care services and barriers to accessing them.</p> <p>Exploring the different types of services – Primary, Secondary and Tertiary</p> <p>Exploring the different types of services and who they are suitable for.</p> <p>Barriers to accessing services and how these can be overcome.</p>	<p>Health and Social care – Component 2 Health and Social Care Services and Values</p> <p>What are the Care Values?</p> <p>How do the Care Values underpin practice?</p> <p>Task – Demonstrating the Care Values in practice</p>